



Zinc C CWS

VITAMIN-MINERAL SUPPLEMENT

Immune support formula with zinc and vitamin C

- Supports a healthy immune system^{1*}
- Provides 123% of the Daily Value of zinc per serving
- Also includes 200% of the Daily Value of the antioxidant nutrient vitamin C per serving

Convenient cold water soluble (CWS) liquid format

- Can be dropped directly into the mouth (12 drops per serving) or added to beverages

GENESTRA BRANDS Zinc C CWS supports immune function using a combination of zinc and vitamin C. Zinc is essential for the development and proper function of innate immune cells, including both neutrophils and natural killer (NK) cells.² Optimal zinc status may also help to maintain macrophage function and cytokine production.^{2,3} In a 7-month, randomized, double-blind, placebo-controlled clinical trial conducted on 40 healthy young adult participants, daily supplementation with 15 mg of zinc significantly increased plasma zinc levels and supported immune health.⁴ In healthy elderly participants with low-to-normal zinc status, daily supplementation with 10 mg of zinc for 7 weeks significantly increased the lytic activity of NK cells and positively modulated levels of the cytokine interleukin 6 (IL-6).⁵



Supplement Facts

Serving Size 12 Drops (0.5 ml)/ Servings per Container 60

Each Serving Contains		% DV♦
Vitamin C (zinc ascorbate)	120 mg	200%
Zinc (zinc ascorbate)	18.5 mg	123%

♦ Daily Value (DV)

Other ingredients: Purified water, potassium sorbate

Recommended Dose: Adults and Children (9 years and older):

Take twelve drops daily with a meal, a few hours before or after taking medications, or as recommended by your healthcare practitioner. If preferred, Zinc C CWS can be mixed with water or juice.

Product Size: 1 fl oz (30 ml)

Product Code: 01181

GLUTEN
FREE

VEGETARIAN

DAIRY
FREE

REFERENCES

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4. Verveka DV, Wilson C, Martinez MA, Wenger R, Tamosunas A. Complementary Therapies in Clinical Practice. 2009; 15: 91–95
5. Mariani E, Neri S, Cattini L, Mocchegiani E, Malavolta M, Dedoussis GV et al. Effect of zinc supplementation on plasma IL-6 and MCP-1 production and NK cell function in healthy elderly: interactive influence of +647 MT1a and -174 IL-6 polymorphic alleles. Exp Gerontol. 2008; 43(5): 462–471

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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