



Chromium CWS

MINERAL SUPPLEMENT

Chromium in a convenient cold water soluble (CWS) liquid format

- Supports carbohydrate metabolism^{1*}
- Each single drop serving provides 125% of the Daily Value for chromium
- Can be dropped directly into the mouth or added to beverages

GENESTRA BRANDS Chromium is an essential micronutrient that helps to support insulin-dependent glucose uptake.¹ Each single drop of Chromium CWS helps to supplement chromium intake by providing 150 mcg of chromium. In a double-blind, randomized, placebo-controlled clinical trial conducted on 26 healthy adults, daily supplementation with 220 mcg of chromium (III)-nicotinate for three months was found to better support insulin function than placebo supplementation.^{2*}



Supplement Facts

Serving Size 1 Drop (0.0725 ml) / Servings per Container about 206

Each Drop Contains	%DV*
Chromium (chromium polynicotinate)	150 mcg 125%

* Daily Value (DV)

Other ingredients: Purified water, citric acid

Recommended Adult Dose: Take one drop daily with a meal or as recommended by your healthcare practitioner. If preferred, Chromium CWS can be mixed with water or juice.

Product Size: 0.5 fl oz (15 ml)

Product Code: 01183



REFERENCES

1. Otten J, Hellwig JP, Meyers LD. Dietary Reference Intakes: The Essential Guide to Nutrient Requirements. National Academies Press. 2006
2. Wilson BE, Gandy A. Effects of chromium supplementation on fasting insulin levels and lipid parameters in healthy, non-obese young subjects. Diabetes Res Clin Pract. 1995; 28(3): 179-184

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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